



Young Athletes Program (YAP)

YAP is a **FREE** innovative sports play program for children **with** and **without** disabilities ages 3 through 8. YAP is designed to provide opportunities for young children to be active, have fun, and learn foundational sports skills! This program supports physical, cognitive, and social development skills which are important on and off the sports field.

Weekly practice sessions are **ONE** hour long and will **BEGIN** on Monday, April 15th

**Host site: Sage School at Bales Gymnasium
5 Elm St, Milford, NH 03055
Mondays, 5:00 pm - 6:00 pm**

Scheduled Practice Sessions

April 15th	April 29th	May 6th	May 13th
May 20th		June 3rd	June 10th

Canceled Practice Sessions

April 23rd, due to April Vacation	May 27th, due to Memorial Day
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Contact Information

Program Coordinator- Maria: (603)475-7515

Assistant Program Coordinator- Vanessa: (603)732-3213

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