

MILFORD RECREATION PRESENTS...

SUMMER LAX CLINIC

**Milford Middle School Coaches:
Jon Gagnon & Andy Seale**

Join Milford Middle School Coaches, Jon Gagnon & Andy Seale for the basic fundamental skills of lacrosse. Learn the latest techniques of the game, refine skills to improve your level of play, strengthen team concepts and strategies. This program is focused on player preparation for middle & high school level of play. Program will be held rain or shine.

Bring your own LAX Equipment
helmet, mouth guard, shoulder pads, arm pads, gloves, cleats and stick

LAX Clinic 7/23-7/27

Friday 7/27 Fun Day or (Make up if Needed)

Registration deadline July 16th*

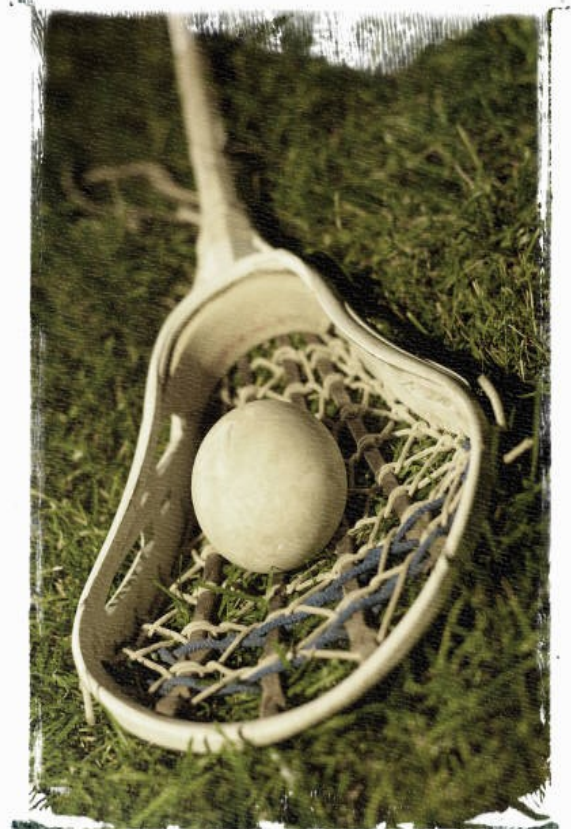
8-11am

Boys ages 7-17

Res \$75/NRes \$85

Location: MHS Football Practice Field

**Register online at
www.milfordrec.com!**



Register