

# Kids Cooking Camp

Ages: 8-13 This Healthy Hands Cooking 8-Hour Core Cooking Program is our signature program that will lay a foundation of nutrition and cooking skills for years to come.

Students will learn kitchen safety, proper food storage, and then make healthy snacks, breakfasts, lunches and dinners.



**CERTIFIED  
INSTRUCTOR**



**Tuesday-Friday 1-3pm**

**Milford Banquet Hall**

**Located in Town Hall**

**Minimum of 5 Participants**

**Session 7/17-7/20**

**Res \$120 NRes \$125**

**Register Online at [milfordrec.com](http://milfordrec.com)**

**Register** 