

Youth Empowerment Summit

When: Thursday, April 12, 2018

Time: 8:00 am – 1:45 pm

Where: Boys & Girls Club of Souhegan Valley, 56 Mont Vernon Street, Milford NH

Who: Middle School Youth & Advisors
In Souhegan Valley schools who want to create positive change in their community

What Youth Can Expect:

- Team Building Activities
- Learning the 5 Points of Leadership
- Identifying Issues of Concern
- Developing an Action Plan

****Registration required prior to April 2, 2018
Space is limited to 20 students from each school.**

This program has been developed in collaboration with Amherst Middle School, Hollis/Brookline Middle School, and Milford Middle School.

"The more we increase the active participation and partnership with young people, the better we serve them...And the more comprehensively we work with them as service partners, the more we increase our public value to the entire community."

Carmen Martinez

This program is sponsored by Community Action for Safe Teens Coalition, a committee of the Boys & Girls Club of Souhegan Valley, Milford Hospital Association and Hollis Brookline Rotary.



***Empowering Youth
through Leadership,
Service, and Advocacy***



**www.nhcast.org
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Community Action for Safe Teens (CAST) Peer Leadership Training

Where: Boys & Girls Club of Souhegan Valley
When: Thursday, April 12, 2018
Time: 8:00 a.m. – 1:45 p.m.
Who: Middle School Youth in Amherst, Brookline, Hollis, Lyndeborough, Mason, Milford, Mont Vernon, and Wilton.

Description of Program:

Youth empowerment leads to healthy youth behaviors. The focus of the CAST Youth Empowerment and Service team is on alcohol and other drug prevention and mental health awareness among youth. This program is designed to expand youth engagement relative to these issues throughout Souhegan Valley and the State of NH.

This summit will be an opportunity for youth to come together and connect with their peers in the Souhegan Valley Community. Participants will engage in team building activities developed by NH Teen Institute and begin having a discussion relative to issues of concern and how the youth can strategically address these concerns in a positive manner. Youth will leave the summit with an action plan specific to their community and will be informed of future training, outreach, and networking opportunities with the CAST YES Team. Students are trained to be a cohesive, proactive group equipped to make a difference, serving as the foundation for a successful student-led/adult guided group.

NH Teen Institute has been endorsed as a NH Service to Science Best Practice relative to addressing drug and alcohol misuse use in New Hampshire. There is no cost to participate, however registration is required and participants are expected to act as ambassadors of Community Action for Safe Teens in relation to special projects/activities. **For more information OR to reserve your seat contact Monica Gallant @ 672-1002 ext. 39 or email mgallant@svbgc.org.**

AGENDA

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|-----------------|-------------------------------|
| • 8:00 - 8:15 | Registration |
| • 8:30 - 9:00 | Opening Comments |
| • 9:00 – 9:30 | Team Building Activities |
| • 9:30 – 10:30 | 5 Points of Leadership |
| • 10:30 – 10:45 | Break |
| • 10:45 – 11:45 | Identifying Issues of Concern |
| • 11:45 – 12:15 | Lunch (Provided) |
| • 12:15 – 1:00 | Developing an Action Plan |
| • 1:00 – 1:30 | Report Out |
| • 1:30 – 1:45 | Wrap Up & Closing Comments |
| • 1:45 | Dismissal |

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**Community Action for Safe Teens (CAST) Teen Leadership Training
REGISTRATION FORM**

Permission Slip / Media Release Form

Adult participants must complete and sign this form as well to serve as a media release.

Participant:

Name: _____ Age (if under 18) _____

Address: _____ City: _____ State: _____

Zip Code: _____ Student contact phone: _____ Email: _____

School: _____ Grade: _____ T-Shirt Size (Adult) S M L XL

Please list any food allergies: _____

Parent/Guardian Information (to be completed if participant is under age 18)

Name: _____ Relationship to Participant: _____

Address: _____ City: _____ State: _____

Zip Code: _____ Contact phone: _____ Email: _____

Alt. emergency contact name: _____ Relationship to participant: _____ Alt. contact phone: _____

Dear Parent/Guardian/Participant,

Please read below and sign indicating your approval & registration for this program:

1. If a parent or guardian, I give permission for my child to participate in the Youth Empowerment Summit on April 12, 2018.
2. This event may involve local and statewide media. I give my permission and release for my child's (if under 18) or my own (if 18 or older) image to be captured and associated with this program. This may include print and electronic media distribution.
3. I have read and understand this authorization consent form and agree to all terms outlined here.
4. Transportation will be provided by the student's school district.

Signature: _____ Date: _____

(Print Name): _____

Complete this form and return it to Boys & Girls Club of Souhegan Valley ATTN: CAST prior to April 2, 2018 or email in advance to mgallant@svbgc.org fax to 603-732-5103.

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