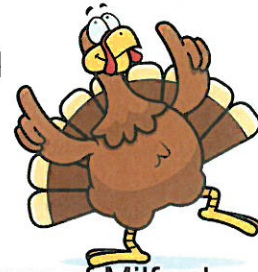




Milford Turkey Chase 5K
 Saturday November 18, 2017 10:00 AM
 Milford, NH

Milford Middle School
 33 Osgood Street | Milford, NH 03055



Great time of year to visit the scenic New England Town of Milford
 Challenging Hilly course perfect for running or walking.
 Home Made Pies to Age Group Winners
 Turkeys for those who catch him!
 To benefit the Milford High School Indoor and Outdoor Track Teams

FIRST NAME _____ LAST NAME _____

STREET ADDRESS _____ Male/Female _____

CITY _____ STATE _____ Zip _____ Age on race day _____

Email address: _____

5k race ONLY: Shirt Size (Adult) XS ___ S ___ M ___ L ___ XL ___ XXL ___

ENTRY FEE: \$20.00 BEFORE 11/15/17 / \$25.00 11/18/17 RACE DAY ENTRANTS

***PLEASE NOTE* SHIRT IS GUARANTEED FOR THE FIRST 100 ENTRIES**

Make check payable to MHS Track and Field, 58 Elm Street, Milford, NH 03055

PLEASE READ AND SIGN THE PARTICIPATION WAIVER BELOW

I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fleet Feet 5k, the city of Nashua, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (parent or guardian required if under 18) _____ Date: _____